

AS WE JOURNEY THROUGH THIS WORLD, POWERFUL FORCES CAN SAP THE STRENGTH OUT OF EVEN THE MOST DEVOUT BELIEVER—FRUSTRATIONS, FEAR, ANXIETY, SIN, DISAPPOINTMENTS, BROKEN RELATIONSHIPS, AND OUR PASTS. BATTLING COMMON ISSUES LIKE THESE EXHAUSTS AND DISTRACTS US FROM LIVING AND EXPERIENCING THE FULLNESS OF LIFE GOD CALLS US TO.

Aren't you tired of feeling this way?

God never intended us to live half-empty, weary, or "just getting by" in our walk with Him. He has called us to live in and out of His fullness and His strength.

Full Strength is an invitation to bring those struggling parts of life that you thought would never change to Jesus, the Source of all strength.

Through powerful biblical teaching, practical and prayerful exercises, and stories of real-life transformation, Full Strength will teach you how to:

- Intentionally identify and confront the parts of your life that drain your strength.
- Draw nearer to the strengthening power of Jesus through His Word, His Spirit, and His people.
- Experience renewal and freedom in areas where you have felt stuck.
- Rediscover the abundant life Jesus has promised (John 10:10).

Here is the call: Return to Full Strength in Christ, and step into the life He designed you to live.

Chris Walker is a teacher, leader, and equipper who is passionate about helping people grow in their walk with Jesus. He has over two decades of ministry experience in the local church and parachurch ministries, and serves as adjunct faculty at Tyndale University. He lives with his wife and children in Leamington, Ontario, Canada.



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WHEN JESUS RESTORES THE THINGS
YOU THOUGHT WOULD NEVER CHANGE